



I am Seshagiri Rao, 68 years age came to Dr Kranthi Vardhan with severe neck pain, lower back pain, Numbness coming down to my right feet and numbness in my left shoulder & left hand. He told me it's a spinal condition and asked me to get an MRI for my satisfaction.

He correctly told me MRI report before hand itself, which read as degenerative changes in lumbar spine with **Grade 2 SPONDYLOLISTHESIS of L5 over S1**. Diffuse disc bulge at L5- S1 level causing neural compression and bulging annulus with mild left neural compromise and **CERVICAL SPONDYLOSIS of C5-C6-C7 Spine**.

I took Panchakarma therapy for a period of one month. Dr Kranthi Vardhan really has indepth knowledge of both Ayurveda and Allopathic Fields of medicine. I liked the frankness and the confidence level in him. If you want to avoid surgery and want your spine to get back into normal shape you should definitely contact Dr Kranthi Vardhan at his THE KERALA AYURVEDIC CARE, SPECIALITY PANCHAKARMA CENTRE, Basheerbagh, Hyderabad. After almost 3 months I am again playing badminton with my colleagues. My regards and best wishes to his team.

Seshagiri Rao, Business,

Somajiguda, Hyderabad.

23-11-2007.

