



When I first visited Dr. Kranthi's The Kerala Ayurvedic Care, Speciality Panchakarma Centre, I had already been out of work for four weeks with **SEVERE BACK PAIN AND SCIATICA**. When my orthopedist could not help me I went to almost every Neuro specialist, where they tried several kinds of treatments, including an epidural injection of steroids, and in the end I still had sharp, severe pains in the lower back shooting down both legs. The day of my first visit with Dr Kranthi Vardhan, I could not stand up or walk without holding onto something. I had visions of being in a wheelchair for the rest of my life.

Doctor and his dedicated team of Panchakarma Therapists began to work "magic" on my Spine and within four weeks I was back to work full time. Dr. Kranthi Vardhan has helped me when no one else could. He (and his miracle team) has helped me get back on my feet and I am again able to lead a normal life.

Both my wife and I are now on a treatment schedule, which is helping us back to good health. We both feel better than we have in a very long time. I highly recommend both Dr. Kranthi Vardhan and Dr. Madhuri Vardhan to anyone who needs relief from pain and is looking for a natural way to good health.

**Ken Michael, Bank Officer,**

**Canada.  
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