



My name is Govind Reddy, am 36 years had severe **SCIATICA AND LUMBAR SPONDYLOSIS** in October 2006. The pain was so worse that I was not able to stand, sit or sleep, or be in single position at least for 10 minutes. The shocking pain, the muscle catch in my legs was so severe that I could bear it any more. My walking style changed and I was bending to one side. I consulted many doctors, used all the painkillers, pain didn't come down. I took a steroidal injection into my spine even though I know that it is bad and has many complications in order to survive the pain. Doctors after seeing my MRI report advised me to undergo surgery immediately. I even took Local (Natu Vaidyam) Medicine.

I was advised by my relative to meet Dr Kranthi Vardhan for specialist treatments in Sciatica & Spinal Care. I consulted him, was satisfied by the unique approach towards Spinal care. After Treatments for 28 days I was feeling much better; in less than three months after the treatment I am now 100% cured of my problem. I was advised special diet and exercise, which I will follow. Thank you and your dedicated staff for giving me physical and mental health and peace.

**Govind Reddy, Govind Hatcheries,
Hayath Nagar, Hyderabad.
11-12-2006.**

