



I was diagnosed to have **RHEUMATOID ARTHRITIS**; severe pain in all the joints of my body, especially my right shoulder joint, Knee joints and my lower back was most to get effected. I was not able to get up from bed either, no appetite, had constipation, had swelling of all my joints including the face, the pain was so worst that I had even attempted suicide. My Rheumatologist put me on different medications that relieved my pain or stiffness only slightly, if at all.

On the advise of an Ayurvedic doctor I met Dr Kranthi Vardhan at KAC After taking Panchakarma Chikitsa for 4 weeks, surprisingly, it began to relieve the pain, stiffness in all my joints. **My RA Factor after starting the Treatment came to normal limits from 160 IU/ml.** I have improved more than 80% in these four weeks time itself. Internal medicines have made me feel better than any time in the past three years. I am very much satisfied with the treatment and am feeling confident of getting cured of my Arthritis. Thanks for the timely help and best cure of all my problems. I should also thank the two female Therapists for their remarkable and appreciable work in getting me back to good health.

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