



I am a retired teacher staying in Alwal, Hyderabad. I am 69 years old suffering with **PARKINSON'S DISEASE** and was facing problems with my balance from the past 8 months, due to which I fell down quite a number of times. I had severe neck pains from many years and was confirmed to have **CERVICAL SPONDYLOSIS** for which I am wearing a cervical collar.

I have heard a lot about **THE KERALA AYURVEDIC CARE**, Basheerbagh and on the advice of one of my relative I have approached Dr Kranthi Vardhan who studied my case in detail and advised me for a 28 days Therapy. I am very satisfied with the results. I was taught Pranayama and other exercises and was given the researched medicines, which are to be continued for a period of 1 year. I sincerely recommend Dr. Kranthi and KAC for the best treatment of Parkinsonism and Spinal Care. Thank You and God bless.

**Ilayya. M, Retd. Teacher,
Alwal, Hyderabad.
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