



I would recommend without hesitation Dr Kranthi Vardhan, for the **AYURVEDIC MESSAGE SERVICES** at The Kerala Ayurvedic Care, Speciality Panchakarma Centre, Basheerbagh, Hyderabad. The therapists showed best skills and professionalism. I have treated myself to massages in the past. I have never had a Kalari massage (Kerala Special Trigger Point Therapy) before, and I must tell you that the results are wonderful. The tightness in my back is gone. The amount of pressure applied during the massage was perfect. The results are so much more relaxing and enjoyable. It was definitely money well spent. Since 5 years I have been a regular customer to Dr Kranthi. Thanks Again.

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